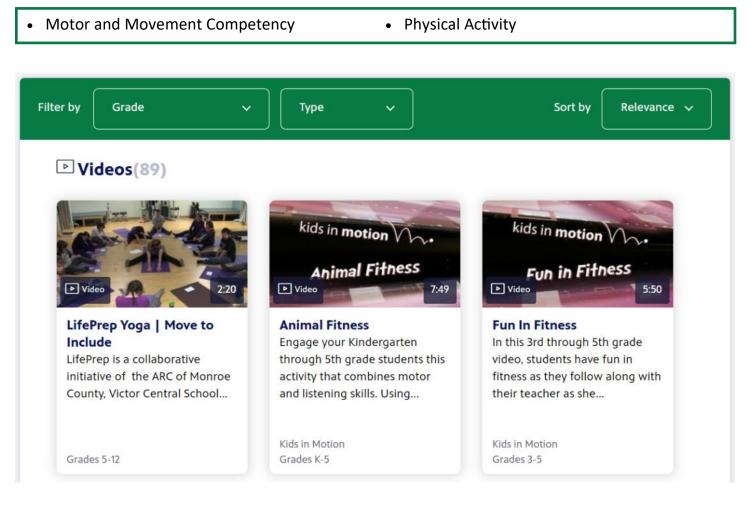
## **Physical Education**



Physical Education examines how students are taught to improve their physical health through movement, exercise, and athletics. The lesson plan "A Game for Life" explores how soccer has been used to educate the youth of one South African community on AIDs prevention. Fitness BINGO is a fun way to increase whole body fitness and teamwork in your classroom. Students can learn the difference between strength, endurance, and power using the self-paced lesson "Keep Your Body in Motion." Adaptive physical education, respectful behavior in athletics, and motor competency are additional topics that are explored.

## **Topics and resources in the following areas:**



Find PreK-12th grade videos, lessons, interactive experiences, and printable activities: http://bit.ly/PhysEdPBSLM

